

Measurements & Sizes

In order to find the perfect fit, we've provided some easy guidelines to follow. The charts below define our sizing. They do not refer to the actual measurements of the garments. The garment will be larger than the body measurements in order to provide for comfortable movement. If you have any questions about sizing, please call the Client Service Department at 800.372.6621.

CHEF COATS & JACKETS									
Unisex Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Unisex Chest (in.)	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62	64-66
Center Back Length (in.)	29	30	31	31½	32	33	33	33	33
Unisex Chest (cm)	82-87	92-97	102-107	112-117	122-127	132-137	142-147	153-158	159-167
Center Back Length (cm)	74	76	78	80	82	84	84	84	84
WOMEN'S EXECUTIVE COATS									
Women's Size	XS	S	M	L	XL	2XL			
Women's Chest (in.)	32-34	36-38	40-42	44-46	48-50	52-54			
DRESS & BANDED COLLAR SHIRTS									
Size	XS	S	M	L	XL	2XL	3XL		
Men's		34-36	38-40	42-44	46-48	50-52	54-56		
Women's	2	4-6	8-10	12-14	16-18	20-22	22-24		
Collar (in.)	13-13½	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½		
CAFÉ & KITCHEN SHIRTS									
Unisex Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Unisex Chest (in.)	37	41	45	49	53	55	60.5	63	65.5
Unisex Chest (cm)	94	104	114	124	134	140	154	160	166
MEN'S PANTS									
Size	XS	S	M	L	XL	2XL	3XL	4XL	
Waist (in.)	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-56	
Inseam (in.)	32	32	33	33	33½	33½	33½	33½	
Waist (cm)	65-73	76-82	85-92	95-102	105-112	116-124	126-134	137-142	
Inseam (cm)	81	81	84	84	85	85	85	85	
WOMEN'S PANTS									
Size	XS	S	M	L	XL	2XL	3XL		
Women's Size	3-4	5-6	7-8	9-10	11-12	13-14	15-16		
Waist (in.)	26-28	30-32	34-36	38-40	42-44	46-48	50-52		
Hip (in.)	34-35	36-37	38-39	40-41	42-43	44-45	46-47		
Inseam (in.)	31½	31½	31½	32¼	32¼	32¼	32¼		
Waist (cm)	65-73	76-82	85-92	95-102	105-112	116-124	126-134		
Hip (cm)	87-89	92-94	97-99	102-104	107-109	112-114	117-119		
Inseam (cm)	80	80	80	82	82	82	82		

MEASUREMENT GUIDELINES

To get the best fit, stand straight and relax.

Chest: Measure from the fullest part of the chest/bust with your arms down.

Waist: Measure around your natural waistline above the hips.

Hips: Measure around the fullest part of the hips.

Inseam: Measure from the base of the crotch to the bottom end of your pants. Or select a pair of pants that fits you well and measure along the inside leg seam from the crotch to the bottom of the hem.